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KEEPING EVEREST PURE



EVEREST EXPEDITION 2018

Itinerary 1 - For climbers going to ABC 6400m – Good physical conditions

Days	Date	Itinerary
1	08-May	Arrive in Kathmandu, transfer to Hotel
2-3	9-10 May	In Kathmandu for Tibet visa processing
4	11-May	Fly Kathmandu- Gonggar airport and drive to Lhasa (3650m-11680ft). O/N hotel
5	12-May	In Lhasa : sightseeing
6	13-May	Drive to Shigatse (3900m-12480ft)- O/N Hotel
7	14-May	Drive to Thingri (4350m-14,268ft)- O/N Guest House
8	15-May	Rest day in Thingri for acclimatization
9	16-May	Drive to Everest base camp (5200m-17,056ft)
10-14	17-21 May	At the base camp to acclimatize and preparing loads for advance base camp
15	22-May	Trek to Intermediate Camp (6200m-20,336ft)
16	23-May	Arrive at advance base camp (6400m-20,992ft)
17	24-May	Advance base camp to base camp
18	25-May	Drive to Thingri
19	26-May	Drive to Kyirong
20	27-May	Cross border to Nepal and drive to Kathmandu
21	28-May	In Kathmandu.
22	29-May	Departure

Recommended date of arrival in Kathmandu: 8 May 2018

Costs

1	BC-ABC permit fee	US \$ 2,000.00 per person
2	Tibet visa fee	US\$ 85.00 per person
3	Hotel in Kathmandu (single room with breakfast)	US\$ 350.00 (5 nights)
4	Airfare Kathmandu-Lhasa	US\$ 450.00 per person
5	Logistical services	US\$ 2,940.00 per person
	Total expedition cost	US\$ 5,825.00 per person

COSTS INCLUDE:

BC-ABC permit fee.

Hotel in Kathmandu with breakfast for 5 nights.

Hotels in Lhasa, Shigatse and Thingri on room sharing and breakfast basis as per itinerary.

Nepalese sherpa cook at base camp, intermediate camp and ABC.

Spacious single tent with solared light, insulated padded floor, pillow and mattress per member at base camp and at advance base camp.

Dining tents with heater and carpet, kitchen tents, toilet tents, shower tent, chairs & tables.

Intermediate camp with kitchen tent, dining tent, toilet tent and sleeping tents.

Food and fuel for base camp, intermediate camp, advance base camp.

Power supply at base camp for charging laptops, mobile phones, amateur digital cameras and handheld video cameras).

Solar panels at advance base camp for light and charging small electronics.

(Mobile phones, amateur digital cameras and handheld video cameras).

Equipment allowances, daily wages, food and tents for cooks, kitchen boy and Chinese Liaison Officer.

Insurance for cook, kitchen boy, Liaison officer and porters including emergency evacuation, hospitalization, medical and life insurance.

Satellite phone for emergency at advance base camp. Oxygen bottles and mask sets for emergency purpose at advance base camp.

Transfer airport-hotel-airport in Kathmandu and in Lhasa.

Transportation of members, staffs, food supply and equipment from Kathmandu-base camp – Kathmandu.

Member's personal luggage transfer from base camp to advance base camp and from advance base camp to base camp.

High way and conservation charges. Garbage management fees for member and sherpas.

COSTS DO NOT INCLUDE:

International flights (except Kathmandu-Lhasa)

Nepal entry visa fee which can be obtained at the airport upon arrival and reentry visa for Nepal.

Meals in Kathmandu and Lhasa, Shigatse, Thingri.

Personal calls made through satellite phone subject to charges at US\$ 3 per minute.

Emergency oxygen bottle usage cost US\$ 550.00 per bottle.

Personal insurance such as travel, accident, medical, emergency evacuation and lost luggage

Personal solar pack for charging heavy electronics (laptops, professional camera batteries etc)

Expenses of personal nature such as drinks, laundry, postage, telephone and Email, etc.

Applicable customs duty and import license fees for all expedition goods arriving in Nepal as air/road cargo

Tips/gratitude for climbing sherpas and cook staffs after end of expedition.

Provided Expedition itinerary is a guide only and are subject to changes to unforeseeable circumstances such as changes in govt. regulations, natural disasters, change in air schedules, major political unrest or war etc..

Itinerary 2 - For climbers to 8848m – With experience climbing 8000m peak

Days	Date	Itinerary
1	08-Apr	Arrive in Kathmandu, transfer to Hotel
2-3	9-10 Apr	In Kathmandu for Tibet visa processing
4	11-Apr	Fly Kathmandu-gonggor airport and drive to Lhasa (3650m-11680ft). O/N hotel
5	12-Apr	In Lhasa : sightseeing
6	13-Apr	Drive to Shigatse (3900m-12480ft)- O/N Hotel
7	14-Apr	Drive to Thingri (4350m-14,268ft)- O/N Guest House
8	15-Apr	Rest day in Thingri
9	16-Apr	Drive to Everest base camp (5200m-17,056ft)
10-14	17-21 Apr	At the base camp to acclimatize and preparing loads for advance base camp, puja ceremony and setting up intermediate and advance base camps.
15	22-Apr	Trek to Intermediate Camp (6200m-20,336ft)
16	23-Apr	Arrive at advance base camp (6400m-20,992ft)
17-53	24Aprto30May	Climbing Period
54	31-May	Advance base camp to base camp
55	01-Jun	Drive to Kyirong
56	02-Jun	Cross border to Nepal and drive to Kathmandu
57	03-Jun	In Kathmandu
58	04-Jun	Departure

Mt. Everest Expedition 2018 Tibet

Height: 8,848 m

Lat: 27°59'17"N – Long: 86°55'31"E - Mahalangur Himal (Nepal-China).

Climbing route: normal north East Ridge/ north col route

Expedition Duration: 58 days

Entry Lhasa & exit: Kyirong

Summit services

Recommended date of arrival in Kathmandu: 08th April 2018

Expedition Departure Date: 11th April

Costs

1	Mt. Everest permit fee (sharing group permit)	US \$ 9,950.00 per person
2	Tibet visa fee	US\$ 85.00 per person
3	Rope fixing cost	US\$ 450.00 per climber
4	Hotel in Kathmandu (single room with breakfast)	US\$ 350.00 (5 nights)
5	Climbing sherpa climbing bonus	US\$ 1800.00 per person
6	Climbing sherpa summit bonus	US\$ 1000.00 per person
7	Airfare Kathmandu-Lhasa	US\$ 450.00 per person
8	Logistical services up to summit	US 22,283.00 per person
	Total Cost expedition	US\$ 36,368.00 per person

COSTS INCLUDE

Mt. Everest peak permit fee.

Logistical services of expedition leader and Managing Director Mingma Sherpa at base camp and advance base camp.

One experienced (Mt. Everest summiteer) high altitude Sherpa per climber to carry all food and gear to higher camps. Also assist the member during climb and summit attempt.

Climbing Sherpa's climbing and summit bonuses, insurance for evacuation, hospitalization, medical and life insurance.

6 oxygen bottles (4Lts) per member and 4 oxygen bottles (4Lts) per Sherpa with mask and regulator (For expedition use only)

High altitude tents for all members and climbing Sherpas.

Walkie-talkie for each member and Sherpa partnered team with base unit at base camp and advance base camp.

Common climbing equipment for rope fixing (Required rope, ice bar, ice screw, etc) / rope fixing fee payable to CTMA rope fixing team for members and sherpas

Hotel in Kathmandu with breakfast for 5 nights.

Hotels in Lhasa, Shigatse and Thingri on room sharing and breakfast basis as per itinerary.

Nepalese sherpa cook at base camp, intermediate camp and advance base camp.

Spacious single tent with solared light, insulated padded floor, pillow and mattress per member at base camp and at advance base camp.

Dining tents with heater and carpet, kitchen tents, toilet tents, shower tent, chairs & tables.

Intermediate camp with kitchen tent, dining tent, toilet tent and sleeping tents.

Food and fuel for base camp, intermediate camp, advance base camp and higher camps during expedition.

Power supply at base camp for charging laptops, mobile phones, amateur digital cameras and handheld video cameras).

Solar panels at advance base camp for light and charging small electronics. (Mobile phones, amateur digital cameras and handheld video cameras).

Equipment allowances, daily wages, food and tents for cooks, kitchen boy and Chinese Liaison Officer.

Insurance for cook, kitchen boy, Liaison officer and porters including emergency evacuation, hospitalization, medical and life insurance.

Satellite phone for emergency at advance base camp.

Transfer airport-hotel-airport in Kathmandu and in Lhasa.

Transportation of members, staffs, food supply and equipment from Kathmandu-base camp – Kathmandu.

Member's personal luggage transfer from base camp to advance base camp and from advance base camp to base camp.

High way and conservation charges. Garbage management fees for member and sherpas.

Welcome group dinner in Kathmandu. COSTS DO NOT INCLUDE:

International flights (except Kathmandu-Lhasa-Kathmandu)

Nepal entry visa fee which can be obtained at the airport upon arrival and reentry visa for Nepal.

Meals in Kathmandu and Lhasa, Shigatse, Thingri

Hotel after 5 night's stay in Kathmandu.

Personal climbing gears.

Personal calls made through satellite phone subject to charges at US\$ 3 per minute

Personal insurance such as travel, accident, medical, emergency evacuation and lost luggage

Personal solar pack for charging heavy electronics (laptops, professional camera batteries etc)

Applicable permit fees and customs charges, etc. for SAT phone US\$ 1000.00, communication equipment and commercial filming US\$ 30,000.00 payable to CTMA.

Expenses of personal nature such as drinks, laundry, postage, telephone and Email, etc.

Applicable customs duty and import license fees for all expedition goods arriving in Nepal as air/road cargo

Tips/gratitude for climbing sherpas and cook staffs after end of expedition.

Services of extra high altitude climbing Sherpa:

Royalty fee payable to China Tibet Mountaineering Association: US\$ 3300.00 per

sherpa Tibet visa fee: US\$ 85.00CTMA charges for fix rope: US\$ 150.00 per

Sherpa Service cost including equipment allowances, wages, insurance, food & fuel, 4 oxygen bottles and mask set. : US\$ 4565.00

Climbing bonus: US\$ 1,800.00 Summit bonus: US\$ 1000.00 Total climbing Sherpa cost: US\$ 10,900.00 per sherpa Note: Climbing bonus is not redeemable once climbing Sherpa has started to climb above base camp (5200m) except in exceptional circumstances Summit bonuses are not redeemable once the climbing party has started to climb above the last camp except in exceptional circumstances.

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